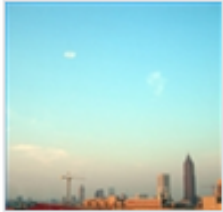


## A List of Restaurants in Atlanta

By [Brooke Turner](#), eHow Contributor  
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Atlanta is a melting pot of diversity that is reflected in its various restaurants.

Atlanta is a modern southern city filled with history and culture. Widely recognized as one of the main centers for the Civil Rights movement, Atlanta prides itself as a city of the New South. The city has a vibrant dining scene with restaurants that offer everything from international cuisine to budget-friendly American dishes.

### 4th & Swift

You can't visit Atlanta without sampling some real Southern comfort food. 4th & Swift utilizes the culinary skills of chef Jay Swift to whip up southern meals with fresh ingredients from local farmers. Dine in a historic brick building decorated with rich fabrics. The menu changes daily, weekly and monthly with offerings like Painted Hills beef tartare served with Napa cabbage slaw, mustard seed vinaigrette, and brioche toast points. Other meals might include lamb, duck, steak or pasta.

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### Alfredo's Italian Restaurant

Alfredo's has been a popular dining destination for Atlanta residents since 1974. Serving traditional Italian cuisine, Alfredo's is best known for its veal dishes, the most popular one being The Godfather, which offers a plate of three different styles of veal Francese, veal Marsala, and Veal Parmesan. The restaurant boasts an array of pasta dishes with different cheeses, seafood, and other fresh, Italian ingredients. Try the cream cheesecake made with ricotta cheese for dessert.

### Benihana Restaurant

Delicious food and entertainment go hand in hand at Benihana where patrons watch as Benihana chefs prepare their meals right before their eyes on a special hibachi grill. Dine on chicken, steak and fresh vegetables and wash it all down with a little wine or sake. Benihana also provides fresh servings of sushi each day.

### Paschal's Restaurant

Upscale soul food is another name for this Southern-style cuisine. Come to the Castlebury Hill neighborhood where you can dine in a sophisticated but retro atmosphere. Patrons can find all the soul food classics at this restaurant-- offerings like homemade macaroni and cheese, cornbread, fried chicken, mustard greens, sweet potatoes and barbecued ribs. Try a peach cobbler for dessert or a yummy bourbon pecan pie.